

Certified Music 4 Life[®] Practitioner Training

Instructor: Judith Pinkerton, LPMT, MT-BC

- Date/Time:** 25 90-minute webinars/ecourses, February 15 — November 15, 2020
and one 3-day week-end retreat in Las Vegas, Nevada (dates TBD in Spring 2020)
- Cost:** \$2,795 (monthly payments scheduled; retreat travel expense not included)
- Where:** On-line and in Las Vegas, Nevada USA
- Pre-requisite:** Board-Certification in Music Therapy, Music 4 Life[®] Music Medicine Boot Camp eCourse, experience working with mental health populations

The Practitioner Training educates the participant about a music medicine treatment method based upon different theoretical orientations. Upon completion of this course, the participant will evolve personal music listening habits to experience emotional fluidity, deepen empathy and support for clients, broaden knowledge of music elements' influence on mood, physiology and behavior, and understand the complexities of treatment outcomes applying prescriptive Mood Sequence Formulas™.

CMTE Objectives:

1. Name psychodynamic and neuroscience theoretical orientations and research studies which inform the application of Mood Sequence Formulas™. (BCD II.A.3-4, IV.A.2)
2. Create three customized Mood Sequence Formulas™ that influence client treatment outcomes mitigating unsettled moods with expert awareness about complexities of mood music categorization, accessing a list of more than 300 songs from all genres. (BCD I.B.1-2-5-7-11-12-13; I.B.3.a-c-e-f; I.B.1.4.a-b-c-d-e-g-i-j-k-l; I.B.13.a-c-d; I.C.2-3-4-5; I.D.1-5-6-7-8-9-10-13-15-16-17; II.A.1.a through y, ac, ad, af, ag, ah, am, ao, ag, aw, ax, ba, bb, bd; II.A.2.g-h-i-ag-ao-bb-bd; II.A.5.a-b-g-h-j-r-t-v-z-ac; III.A-B; IV.A.7; IV.B.1-3-4-12-14)
3. Identify wellness strategies for cross-generational clients within the Music 4 Life[®] brand, accessing: 1) self-administered process to inform and practice group presentation style; 2) business forms; new client referrals; and 4) on-line coded assessments for self-care music listening habits. (BCD IV.A.1-4; IV.B.5-6-7-8-10-12-13-16-20)
4. Learn how to adapt Mood Sequence Formulas™ within music therapy group sessions. (BCD I.B.8-13; II.A.5.a-b-h-j-k-m-n-r-t-u-v-x-z-aa-ab-ac; III.B.1-3-6-9-10-11)

Total time to complete this course: 97 hours = 53.5 hrs webinar/ecourses/retreat + 18 hrs clinical + 25.5 hrs homework

"Become more intentional, addressing choices of music with interns and their clients, helping interns think differently about expanded repertoires and how music uses you." - Barbara Reuer, PhD, MT-BC, Certified Music 4 Life[®] Practitioner

Music 4 Life[®] Inc. Mission Statement: Committed to excellence as a leading provider of self-discovery music wellness strategies building healthy lifestyles, changing the culture of music creation and consumption. Specific to Continuing Music Therapy Education (CMTE), Music 4 Life[®] empowers music therapists to realize their potential as confident therapists by developing music listening habits intuitive to personal and client needs, expanding music across cultures and generations, and providing an organized, adaptive music classification system, a three-part research-informed paradigm.

Instructor: Judith Pinkerton, LPMT, MT-BC, originator and master trainer of the Music 4 Life[®] Practitioner Training, has over twenty-five years experience developing this protocol with research-based clinical studies supporting standardized and customized Mood Sequence Formulas™ with Music 4 Life[®] music medicine playlists.

Practitioner Training is approved by the Certification Board for Music Therapists (CBMT) for 116 CMTEs Continuing Music Therapy Education credits, including 18 clinical hours. Music 4 Life[®] Inc. Provider #P-151, maintains responsibility for program quality and adherence to CBMT Policies and criteria.

Cancellation and Refund Policy: No refunds are permitted once the course begins. Monthly payments are required to continue participation in the nine month course. Partial CMTE credit cannot be granted.