



Music Medicine Advisor Training

This Music4Life® Music Medicine Advisor training teaches a collection of music medicine techniques designed to help people use music prescriptively for self-care and empower improvements in performance for others. These techniques are music therapy informed strategies developed through evidence-based clinical work of a music therapist. Dozens of musical artists are featured who represent more than a dozen different music genres. Learn how to speak effectively with others about their music choices and enhance almost any activity of daily living with the scientific application of prescriptive music utilizing many genres.

Candidates for this training

- Students
- Musicians
- Caregivers
- Parents
- Executives

6.0 hours - Syllabus Modules

1. Music to Heal (aka Is Your Music Toxic?) (.5 hours)
2. Danger Zones of Music Listening Habits (1.0 hours)
3. Music Medicine Boot Camp (3.75 hours)
4. Self-Care and Outreach (.25 hours)
5. Quizzes, Pre-Post Tests/Exam and Evaluation (.5 hours)

Resources

- Music4Life Advisor manual
- Music4Life Online Self-Assessment
- 8 Survival Packs (4 for self-care and 4 supporting those with dementia/Alzheimer's) eBooklets + playlists
- "Music's Power to Heal" eBook
- 3 case reports (cancer, addiction, veteran) + printable journal article
- Podcast "Is Your Music Toxic"

MMA Continuing Education

- Monthly Subscription to MusicMedicineClub.com (\$1-3-5/month)
- Submit quarterly attendance reports

Enroll at MusicMedicineAcademy.com - \$199