



Music Medicine Clinical Specialist Certification Training

This certification training ("MMCS" credential requires pre-qualification) integrates music therapy informed strategies into self-care and clinical practice with 40 objectives. Developed through evidence-based clinical work of music therapists, a collection of Music Medicine clinical strategies support self-regulation and emotional mood management techniques for self-care, stress, anxiety, addiction, and many other challenges with clients and patients. Learn effective psycho-education to guide others about music choices. Dozens of musical artists are featured, representing more than a dozen music genres to engage seven populations: mental health, addiction, adolescents, elderly, employees, recovery and sport/exercise. Access a practicum, research, session plans, guidelines, and Mood Sequence Formulas utilizing prescriptive playlists.

Candidates for this training

- Therapists
- Psychologists
- Counselors
- Social workers
- Nurses
- Doctors
- Other licensed health professionals

30.0 hours - Syllabus Modules

1. Music to Heal (aka Is Your Music Toxic?) (.5 hours)
2. Danger Zones (1.0 hours)
3. Music Medicine Boot Camp (4.0 hours)
4. Music Medicine Pill Practicum (12.0 hours over 2 weeks)
5. Client Populations (2.0 hours)
6. Session Plans and Resources (6.0 hours)
7. Outreach (2.0 hours)
8. Quizzes, Pre-Post Tests and Evaluation (2.5 hours)

Resources

- Music4Life client assessments and protocols
- 5 Case Reports: social worker, veteran, cancer, addiction, gang member
- Practicum experiential with 1-hour playlist consultation
- 15 Survival and Performance Packs with eBooklets and playlists
- Music Medicine Pill recordings
- FAVES group session plan with templates to support documentation and notes with instruction
- "Sound of Healing" eBook of 100+ Music Medicine playlist suggestions
- "Music's Power to Heal" eBook
- PowerPoint educational Music4Life Music Medicine presentation (for advocacy)
- "Power Up 365" daily text program for one year
- "6 Habits of Music Medicine for Highly Empowered People" with 30-days of therapeutic music listening activities supporting six empowering habits with downloadable journal and extended online activities.
- Music Medicine Clinical Specialist Manual pertaining specifically to self-care, patient and client support including assessment inventories and HIPPA compliance forms.

MMCS Certification Continuing Education

- Monthly Subscription to MusicMedicineClub.com (\$15/month)
- Submit quarterly attendance reports

Enroll at MusicMedicineAcademy.com - \$1199